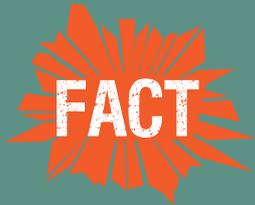


Is marijuana **ADDICTIVE?**

Yes. The chances of becoming addicted to marijuana or any drug are different for each person. For marijuana, around **1 in 11** people who use it become addicted. Could **you** be *that one*?

A TRUE STORY

From age 13 to 18, **Alby** got high several times a day to help him cope. He went to school high and eventually dropped out. "I was losing focus. My attention went from 100 to zero. I was depressed," he says. Now, after getting substance abuse treatment, Alby has been able to face his problems by talking them out with counselors and making new friends he describes as "positive." As he puts it, "I feel a lot better about myself. I feel a lot sharper. I don't feel lazy anymore."



**MARIJUANA—
YOU CAN GET ADDICTED.**

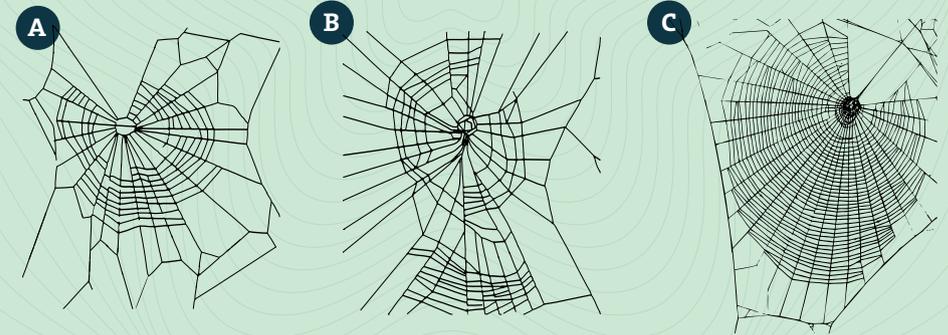


QUIZ

Marijuana can affect learning and memory by acting in which part of the brain?

- A. Hippocampus
- B. Brain stem
- C. Visual cortex
- D. All of the above

Which of these webs is made by a spider that is NOT on drugs?



Why does marijuana make you hungry?

- A. Because THC (the active ingredient in marijuana) causes diarrhea.
- B. Because THC affects the brain.
- C. Because brownies are usually around when using marijuana.
- D. Because marijuana use leads to severe weight loss.

* Product Placement

* Product Placement

* Product Placement

A lot of teens ask us about **peer pressure**, or why people do things that can hurt them just to fit in.

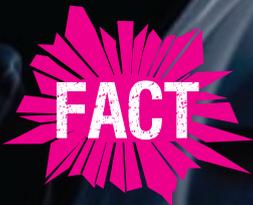
Why do people

SMOKE

when they know it's so bad for them?

Maybe they smoke because they can't stop. People start smoking for different reasons, but most keep doing it because of one reason—they are addicted to nicotine.

DID YOU KNOW? Research says that teens who see a lot of smoking in movies are more likely to start smoking themselves. Sometimes characters smoke to look edgy and rebellious; but sometimes it's just about "product placement" — the tobacco industry trying to get into your head and your pockets.



**MOST PEOPLE WHO START
SMOKING IN THEIR TEENS
BECOME REGULAR SMOKERS
BEFORE THEY'RE 18.**

QUIZ

Smokeless tobacco does not cause cancer.

- A. True, it is the tar in cigarettes that causes lung cancer, emphysema, and bronchial disorders.
- B. False, smokeless tobacco (such as chewing tobacco and snuff) increases the risk of cancer, especially oral cancers.

How many Americans die from diseases associated with tobacco use each year?

- A. About 1,500
- B. About 13,200
- C. About 50,500
- D. About 440,000

B. False, D. About 440,000

ANSWERS: